



# Richmond Senior Center News

November 2013

1168 Main Street (Second Floor)  
Richmond, RI 02898

Email: [communitycenter@richmondri.com](mailto:communitycenter@richmondri.com)



Mailing address: Richmond Senior Center c/o Richmond Town Hall  
5 Richmond Townhouse Road, Wyoming, RI 02898

## Center Hours:

Staffed Daily

M-F 8:30AM - 12 Noon

> Note: The Center follows the Chariho School District for inclement weather closings.

## Senior Activities Committee Members:

Dennis McGinity - Chairman

Tom Dufficy - Vice Chairman

Mary Morgan - Secretary

Richard Millar - Financial Liaison

Jackie Lombardo - Bingo Chair

Maureen Nolan - Activities Chair

Pasquale DeBernardo

Newsletter Editor - Deb Williams

Send newsletter info to:

[deborahbbwilliams@verizon.net](mailto:deborahbbwilliams@verizon.net)

Richmond Senior Center

Telephone Number:

491-9404

Next monthly members' meeting will be held at 11 AM on

**November 14th, 2013**

**Come and get involved!**

Please let the **Senior Center office** know of any changes to your address, phone number or email address—We want to keep all records up to date and to be able to keep you informed of the Center's events.

Welcome New Members: Cathy Purdy Souza, Julie Beaumier, and Beverly Wightman.

A fun time was had by all who attended the Fall Event. The festivities included mulled cider, coffee, donuts, a fun game, door prizes and a basket raffle. Many who attended took home prizes, and congratulations to them. Thank you to the Social Activities Committee who put in so much time and effort to make it a successful event. The Committee also wants to thank the people who donated items, and the people who helped with the event.

**Richmond Senior Center Christmas Party** will be held on **Sunday, December 8<sup>th</sup> at 12 noon** at the Center. The party will be a Pot Luck. It is important that you call the Center at 491-9404 to sign up. Please indicate the number of people attending, and the type of dish you are bringing to the party. If you wish to partake in the gift exchange, bring a gift marked male, female, or either in the price range between \$5 & \$10. Also, please contribute a nonperishable food item that will be placed in baskets for people in need. There will be a raffle, door prizes, and visit from Santa. Make plans to come and join in the celebrations of the holidays..



## From the Chairman - Dennis McGinity

Well Turkey Day is approaching and I plan to make the best of it. I'm dreaming

"Thanksgiving night - Pumpernickel/Rye - Sliced turkey, stuffing, cranberry sauce, salt and pepper". Oh, let me get back to my November Statement. I want to thank all the volunteers who make this Senior Center run. You know who you are, great job. We had 18 folks come in for their Flu shots on Oct 10, 2013. I have a couple of reminders for November. I look forward to seeing all the members who signed up for the November 4<sup>th</sup> meeting at the Richmond Elementary School at 7:00 pm. This concerns the need for a new Richmond Senior Center. Also, the Center will be closed the day after Thanksgiving. Zumba classes now start at 9:30 am on Saturdays. No Zumba Class on November 9<sup>th</sup>. Have a wonderful Thanksgiving. Until next time...



## Sausage, Dried Cranberry and Apple Stuffing

### Ingredients

1 pound mild bulk breakfast sausage  
 4 tablespoons butter  
 3 cups sliced leeks, white and pale green parts only, cleaned well (about 2 large leeks)  
 2 Granny Smith apples, cored and chopped  
 1 cup chopped celery with leaves  
 1 tablespoon poultry seasoning  
 1 cup dried cranberries, rehydrated in boiling water for 15 minutes and drained  
 1 tablespoon chopped fresh sage leaves  
 2 teaspoons chopped fresh rosemary  
 6 cups boxed bread cubes (croutons)  
 1/3 cup chopped fresh parsley leaves  
 2 to 3 cups chicken stock  
 1 tablespoon salt  
 2 teaspoons ground black pepper



### Directions

Preheat the oven to 375 degrees F.

Sauté the sausage in a large heavy skillet over medium-high heat until cooked through, crumbling coarsely with the back of a spoon, about 10 minutes. Using a slotted spoon, transfer the sausage and drippings to a large bowl. Melt the butter in the same skillet over medium-high heat. Add the leeks, apples, celery and poultry seasoning to the skillet and sauté until the leeks are soft, about 8 minutes. Mix in the drained cranberries, sage and rosemary. Add the mixture to the sausage, then mix in the croutons and parsley. Next add the chicken stock a little at a time until the stuffing is very moist. Be sure not to overdo it; it shouldn't be mushy. Season with salt and pepper. Place in a casserole dish. (The stuffing can be made to this point 2 days before Thanksgiving, refrigerated.)

Bake in a 14-inch oval or 9 by 13-inch rectangular casserole dish and place, uncovered, in the oven for 20 to 30 minutes, until the top is crispy and the center piping hot. Remove and serve immediately.

\*Cook's Note: If stuffing a turkey, the stuffing must be cold before being placed in the bird.

## *Subway Supporting Seniors (Wyoming, RI location only)*

### \$1.00 Senior Coffee all day

**Before 10:00am:**

**50% OFF ANY REGULAR PRICED  
ITEM!**

**After 10:00am:**

**\$2.00 for a 6 inch COLD CUT  
COMBO or MEATBALL SUB!**

**We are open daily 7:00am - 10:00pm.**

**A senior is 65 or older. Subway of Wyoming is committed to make dining more affordable for all senior citizens. We appreciate your business.**

**The above applies to ALL Richmond Senior Center Members. Just mention that you are from the Senior Center.**

## Hope Valley Indoor Winter Farmers Market

Richmond Community SENIOR Center

1168 Main Street, Wyoming RI  
(above the police station)

Saturdays 11:30 am to 2:00 pm

November 16, 2013 to April 19, 2014

Produce, Meat, Baked Goods, Coffee, Seafood,  
Jam, Soap, and much more!

### Free Pumpkin Muffin

for the first 24 customers  
on 11/16



Need **Help**  
with your Medicare  
**Plan Comparisons**  
for Open Enrollment?



*Reminder: Medicare Open Enrollment on Monday Nov 18, 2013 from 9:00 am to 2:30 pm. at the Richmond Senior Center. Everyone gets an hour with one of the representatives. YOU MUST REGISTER IN ADVANCE TO GET A SPOT. Call the Center and we'll register you over the phone or stop in and register.*



## Richmond Ramblers - Bus Tours

### Richmond Ramblers Reporting....

On September 12, 6 of us left from exit 3 for a long (2300 miles total) journey to Michigan. We did a lot of riding and we saw a lot of beautiful scenery. After spending a night in Rochester , NY, we left for Michigan and spent 2 nights in Dearborn. Here we spent a day at the Henry Ford Museum and Village, did some sightseeing at Edsel For house and other places around Dearborn. From there we headed for Macanac Island. We spent 2 days there and spent a lot of time sightseeing, shopping and eating. This is a beautiful island where there are not automobiles and the only way to get there is by ferry. It was quite a wonderful experience. Then on to Frankenmuth which is a German inspired town and Niagara Falls. Of course there, some of us had to go on the Maid of the Mist ride. All in all, it was a beautiful trip. It rained a couple of days but we were on the bus both days.

On October 5th , 40 of us went to Kittery. We had a day of wonderful fall weather and had a lot of fun shopping for the day. There was a lot of Christmas shopping done and everyone seemed to have a great day.

On November 3rd, 14 of us are leaving for Sorrento, Italy. This looks like it will be a fantastic trip. I hope everyone is excited about going. Documents will be handed out on October 20th.

**The trip to Newport on December 7th had to be cancelled** because we do not have nearly enough people signing up. Sorry to those who signed up.

The only trip we have as of now for 2014 is to Atlantic City.

**April 6th - 8th, 2014 Resorts Atlantic City** Tour includes 2 nights accommodations at Resorts Casino Hotel, \$25 Free Slot Play, 2 Buffet Dinner coupons, Show Ticket (based on availability) and Motorcoach transportation. Departs 8:00 AM and returns 8:00 PM. \$175 pp Double, \$164 pp Triple, \$249 pp Single \$50 deposit is due 1/30/2014 Final due 2/27/2014.



There will be more to follow. Even though we had to cancel a few trips in 2013 because we did not have enough people sign up, we will keep trying for 2014 and see if we plan trips that there is more interest for.

For more information on the above trips, please contact Pat @ 539-2458 or patriciaabby@hotmail.com Or check out Richmond Ramblers on Facebook.

Join us for one or more of these fun trips.



**ZUMBA**  
fitness

### New Time

Zumba classes at the Center on Saturday mornings at **9:30 AM** and run for 45 minutes. The cost is \$3 per class. Come and get those bodies moving and grooving. Meet new people. Live ~ Laugh Free water to those who attend!!!!

### Upcoming TOWN HALL HOLIDAYS:

- Veterans' Day (November 11 of each year)
- Thanksgiving Day (4th Thursday in Nov)
- Friday after Thanksgiving
- Christmas Day (December 25 each year)

\*\*Next Town of Richmond Quarterly Tax Payment due on December 7th, 2013.

Last night I was sitting on the sofa watching TV when I heard my wife's voice from the kitchen. "What would you like for dinner my Love?....

....Chicken, beef or fish?

I said, "Thank you, I'll have chicken."

She replied, "You're having soup, I was talking to the dog."



# Participate in the future of Richmond Recreation

This is the first of 2 public workshops to help create a vision for a new recreation complex/center in Richmond



Join the University of Rhode Island Senior Landscape Architecture Design Studio in an open workshop to help the town develop a recreation plan.

There will be activities, presentations, and opportunities to voice your opinions.

When? Monday, November 4, 2013 at 7:00 pm

Where? The Richmond Elementary School Cafeteria

190 Kingstown Rd., Richmond, RI 02898

Any Questions? Contact Vicki Ranns Diaz, Planning Department

401-539-9000 ext. 3

Sponsored By:

The Town of Richmond and the Richmond Recreational Needs Committee

Light refreshments will be served.



College of the  
Environment and Life Sciences

The Chariho Culinary Arts students invite the

Senior Citizens of the Chariho Community to join us for a Traditional Thanksgiving Dinner

on Thursday, November 14 at 11:00 a.m. at the

Chariho Career and Technical Center 459 Switch Road Wood River Junction Phone: (401) 315-2864

Reservations must be made by November 8th

This dinner is made possible by funding from the Chariho Community Innovative Projects Funds.

CHARIHO CULINARY ARTS FUNDRAISING DINNER November 6th, 2013 \$12.00 Donation MENU

- Minestrone Soup Tossed Salad Chicken Parmesan Dessert Beverage

GLUTEN FREE MENU AVAILABLE

Serving 4:30 P.M. - 6:30 P.M.

Take Outs Available from 2:15 PM

For Tickets call: 315-2864



Chariho Culinary Arts

Chariho Career and Technical Center

459 Switch Road Wood River Junction, Rhode Island 02894

401-315-2864 Linda.Musch@chariho.k12.ri.us

Thanksgiving

Order by November 18th Pickup on November 27th

Pies: Apple, Pumpkin, Mince, Cherry, Blueberry \$10.00 Pecan \$12.00 Apple Crisp \$20.00

Breads; Pumpkin or Cranberry Nut \$4.00 Cranberry Sauce \$4.00 Sage Dressing \$10.00

Holiday Items

Order by December 13th Pick up December 19th

3 pound Cookie Trays \$22.00 Cheese Cake \$15.00 Pecan Pie \$12.00 Dinner Rolls \$1.75 a dozen

Breads: Pumpkin or Cranberry Nut \$4.00

Pierogies

Order by January 3rd Pick up January 9th or 10th

Regular \$7.50/dozen Gluten Free \$9.00/dozen

Superbowl Lasagna

Order by January 24th Pick up January 31

Meat (sausage) Vegetable (Broccoli, zucchini and mushrooms)



# November 2013



## Richmond Senior Center Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>2</b> 9:30 am Zumba
<b>3</b>	<b>4</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting  5:30 – 6:30 pm Cardio	<b>5</b> 8:30 – 11:00 am Coffee 10:00 am Art Class  6:00 pm BINGO	<b>6</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>7</b> 9:00 am Knitting 12:30 pm Mah Jongg  5:30 – 6:30 pm Cardio	<b>8</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>9</b>  <b>NO Zumba</b>
<b>10</b>	<b>11</b>  <b>CLOSED</b>   <b>VETERANS DAY</b> <small>HONORING ALL WHO SERVED</small>	<b>12</b> 8:30 – 11:00 am Coffee 10:00 am Art Class  6:00 pm BINGO	<b>13</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>14</b> 8:30 – 11:00 am Coffee <b>11 AM Members            Meeting</b> 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	<b>15</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>16</b> 9:30 am Zumba
<b>17</b>	<b>18</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi <b>9AM-3PM            Medicare Enroll</b> 9:00 am Quilting 5:30 – 6:30 pm Cardio	<b>19</b> 8:30 – 11:00 am Coffee 10:00 am Art Class  6:00 pm BINGO	<b>20</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>21</b> 8:30 – 11:00 am Coffee 9:00 am Knitting <b>9:30 Am Visiting            Nurse</b> 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	<b>22</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>23</b> 9:30 am Zumba
<b>24</b>	<b>25</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting 5:30 – 6:30 pm Cardio	<b>26</b> 8:30 – 11:00 am Coffee 10:00 am Art Class  6:00 pm BINGO	<b>27</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>28</b>  <b>CLOSED</b>  	<b>29</b>  <b>CLOSED</b>  	<b>30</b> 9:30 am Zumba



*Town of Richmond, Rhode Island*

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5 Richmond Townhouse Road, Wyoming, RI 02898  
[www.richmondri.com](http://www.richmondri.com)

RECREATIONAL NEEDS ASSESSMENT COMMITTEE  
PUBLIC PREFERENCE SURVEY

1. The Town just acquired land for which a development plan is being considered. The plan will include developed recreation on approximately 14 acres. The remaining land will remain natural but may contain trails.

Choose 10 of the developed recreation uses below and rank them in order of preference, with 1 being the highest and 10 the lowest. If you do not see a preferred choice, write it in the space provided below.

- \_\_\_ Multi use field
- \_\_\_ Soccer field
- \_\_\_ Football field
- \_\_\_ Baseball/softball field
- \_\_\_ Basketball – indoor
- \_\_\_ Basketball - outdoor
- \_\_\_ Tennis court – indoor
- \_\_\_ Tennis court - outdoor
- \_\_\_ Frisbee disc golf course
- \_\_\_ Handicap accessible outdoor trail
- \_\_\_ Swimming pool
- \_\_\_ Community Center with spaces for large and small meetings and events\*
- \_\_\_ Teen/youth activities\*
- \_\_\_ Senior Center with a commercial kitchen
- \_\_\_ Senior activities\*
- \_\_\_ Outdoor area with a gazebo for special events, concerts, picnics
- \_\_\_ Outdoor covered pavilion for summer recreation and event use
- \_\_\_ Outdoor ice skating rink
- \_\_\_ Other\*

\*Please specify desired activities or facilities you would use (optional)

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2. Construction and development of a recreational facility will likely increase your property taxes.

Would you support construction of a facility that increased your annual tax bill by \$100 (\$25 per quarter)?

Yes

No

Would you support construction of a facility that increased your annual tax bill by \$50 (\$12.50 per quarter)?

Yes

No

Would you support construction of a facility that increased your annual tax bill by \$25 (\$6.25 per quarter)?

Yes

No

Would you support construction of a facility that increased your annual tax bill by \$10 (\$2.5 per quarter)?

Yes

No

I do not support anything that raises my taxes.

3. What is your age in years?

18 and under

31-45

61-70

19-30

46-60

71 or over

4. Are you a Richmond resident?

Yes

No

Return Surveys to:

Richmond Planning Department  
5 Richmond Townhouse Road  
Wyoming RI, 02898

Please put "survey" on envelope

Or email them to  
[townplanner@richmondri.com](mailto:townplanner@richmondri.com)