



# Richmond Senior Center News

February 2014

1168 Main Street (Second Floor)  
Richmond, RI 02898

Email: [communitycenter@richmondri.com](mailto:communitycenter@richmondri.com)

Mailing address: Richmond Senior Center c/o Richmond Town Hall  
5 Richmond Townhouse Road, Wyoming, RI 02898



## Center Hours:

Staffed Daily

M-F 8:30AM - 12 Noon

> Note: The Center follows the Chariho School District for inclement weather closings.

## Senior Activities Committee

### Members:

Dennis McGinity - Chairman

Tom Dufficy - Vice Chairman

Mary Morgan - Secretary

Richard Millar - Financial Liaison

Jackie Lombardo - Bingo Chair

Maureen Nolan - Activities Chair

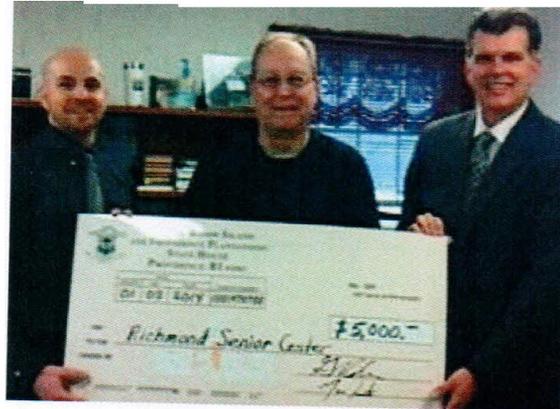
Pasquale DeBernardo

Newsletter Editor - Deb Williams

Send newsletter info to:

[deborahbbwilliams@verizon.net](mailto:deborahbbwilliams@verizon.net)

## Richmond Senior Center Receives Grant



The Richmond Senior Center received a \$5,000.00 grant on Friday 1-10-14, from State Representative Larry Valencia, right. Receiving the check is Dennis McGinity, Chairman of the Richmond Senior Center and Rob Rock, Richmond Town Administrator (left). The grant will be spent on listening devices for those who are hearing impaired and on enhancing programs offered at the Center.

Richmond Senior Center

Telephone Number:

491-9404

Next monthly members' meeting will be held at 11 AM on

**February 13th, 2014**

**Come and get involved!**

Please let the Senior Center office know of any changes to your address, phone number or email address—We want to keep all records up to date and to be able to keep you informed of the Center's events.

**WELCOME** New Members:

Ray & Pam Brennan, Herb Matteson, and Norma Bunker.

## From the Chairman - Dennis McGinity

We are heading toward spring and we have some exciting programs for all. I think the Mardi Gras luncheon will be lots of fun and different. I hope you all sign up as soon as possible, there is limited seating. Also I want to let you know that the Mystery Lunch is on schedule and I will have info for signing up in the March Newsletter. The AARP Tax preparation days are March 3 and March 31. Remember to call the center to sign up. Spaces are going quickly. I'm still looking for your recipes and pictures of your pets. Please call me if you have ideas for the Newsletter. Any help is appreciated. If you have not tried the Zumba class, why not give it a try some Saturday morning. It's fun and good for us. Bring your daughters and grand-daughters. They'll love it. The door to this office is always open so stop by and chat. The coffee is always on. Until next time...



## Mardi Gras ( Fat Tuesday)



Plan on joining us on March 4th for a Mardi Gras celebration. The menu will be "Senior Stomach Friendly". This delicious food will be provided by Mulligan's Tap & Grille. Festivities will begin at 12:15. Tickets are on sale at the Richmond Senior Center office. Cost is \$6 for members and \$10 for nonmembers. The **deadline** for buying tickets is Wednesday, February 26<sup>th</sup>. The menu is as follows: garden salad, bread basket, Chicken Gumbo, Fish & Sausage Ettouffee (one without spice), rice pilaf, fresh seasonal vegetables, and assorted dessert squares. Sounds yummy! Come and celebrate Fat Tuesday.

### FREE Tax Preparation

RICHMOND SENIOR/COMMUNITY CENTER

**March 3 and March 31, 2014**

**9:00am – 2:00pm**

**ALL citizens are welcome**

**By appointments only –**

Call the Center to register 491-9404

**Sponsored by AARP**



My name is Roxy.

I live with my mom-Katie, Dad-Devon, and baby brother-Tyke. Katie is the granddaughter of

Joan and Tom St. Clair, so I guess that makes Tyke and me their great grand dogs! WOOF!

### **Mulligan's**

**Tap & Grille**

**Wednesday is Senior's Day!**

**Discount**

**20% off**

**Join us all winter long for great food and atmosphere**

**Located at the Beaver River Golf Club  
343 Kingstown Rd Richmond, RI**

**401-539-7300**

**(Discount only applies to food purchases)**

### **Bread Pudding**

Put in top of double boiler 1 c. brown sugar and 3 or 4 slices of bread which have been buttered and cut into cubes. Beat 3 eggs with 2 c. milk, 1 tsp. vanilla, a dash of salt. Add to first mixture. Do not stir. Cook about 1 hr. or until custard is firm. Keep water boiling underneath in boiler. The brown sugar forms a sauce.

A priest says to his friend, the rabbi, that he has a perfect way of eating for free in restaurants. "I go in at well past 9 o'clock in the evening, eat several courses slowly, and linger over coffee, port and a cigar. Come 2 o'clock, as they are clearing everything away, I just keep sitting there until eventually a waiter comes up and asks me to pay.

Then I say: 'I've already paid your colleague who has left.' Because I am a man of the cloth, they take my word for it, and I leave."

The rabbi is impressed, and says: "Let's try it together this evening."

So the priest book themselves into a restaurant and come 2 o'clock they are both still quietly sitting there after a very full meal. Sure enough, a waiter comes over and asks them to pay.

The priest just says: "I've already paid your colleague who has left."

And the rabbi adds: "And we are still waiting for the change!"



# February 2014

## Richmond Senior Center Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 9:30 am Zumba
<b>2</b>	<b>3</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting  5:30 – 6:30 pm Cardio	<b>4</b> 8:30 – 11:00 am Coffee 10:00 am Art Class  6:00 pm BINGO	<b>5</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>6</b> 8:30 – 11:00 am Coffee 9:00 am Knitting 12:30 pm Mah Jongg  :30 – 6:30 pm Cardio	<b>7</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>8</b> 9:30 am Zumba
<b>9</b>	<b>10</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting  5:30 – 6:30 pm Cardio	<b>11</b> 8:30 – 11:00 am Coffee 10:00 am Art Class  6:00 pm BINGO	<b>12</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>13</b> 8:30 – 11:00 am Coffee <b>11 AM Members            Meeting</b> 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	<b>14</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>15</b> 9:30 am Zumba
<b>16</b>	<b>17</b> <b>CLOSED</b>  	<b>18</b> 8:30 – 11:00 am Coffee 10:00 am Art Class  6:00 pm BINGO	<b>19</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>20</b> 8:30 – 11:00 am Coffee 9:00 am Knitting <b>9:30 Visiting            Nurse</b> 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	<b>21</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>22</b> 9:30 am Zumba
<b>23</b>	<b>24</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting  5:30 – 6:30 pm Cardio	<b>25</b> 8:30 – 11:00 am Coffee 10:00 am Art Class  6:00 pm BINGO	<b>26</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>27</b> 8:30 – 11:00 am Coffee 9:00 am Knitting 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	<b>28</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	