



# Richmond Senior Center News

June 2014

1168 Main Street (Second Floor)  
Richmond, RI 02898

Email: [communitycenter@richmondri.com](mailto:communitycenter@richmondri.com)



Mailing address: Richmond Senior Center c/o Richmond Town Hall  
5 Richmond Townhouse Road, Wyoming, RI 02898

## Center Hours:

Staffed Daily

M-F 8:30AM - 12 Noon

> Note: The Center follows the Chariho School District for inclement weather closings.

## Senior Activities Committee

### Members:

Dennis McGinity - Chairman

Tom Dufficy - Vice Chairman

Mary Morgan - Secretary

Richard Millar - Financial Liaison

Jackie Lombardo - Bingo Chair

Maureen Nolan - Activities Chair

Pasquale DeBernardo

Newsletter Editor - Deb Williams

### Send newsletter info to:

[deborahbbwilliams@verizon.net](mailto:deborahbbwilliams@verizon.net)



Greetings,

The Richmond Senior Center has been asked by the DAV (Disabled American Veterans) to help with supplying Underwear and slippers for the veterans at the Bristol Veterans Home . Items should be new, in packaging, sizes med & lg. T-shirts & underpants/briefs or boxer. Slippers with backs. These Veterans are in there 80's and 90's and have served our Country proudly. We even have a Senior Center member now living at the Bristol Veteran's Home. There is a box in the big room for all donations. Thanks and have a great day.

## From the Chairman - Dennis McGinity

June is a great time of year. A time of Re-nawal. Oh, by the way, it's time to send in your **Membership Renewal**. Was that a great lead in or what? Please send your checks made payable to Richmond Senior Center for \$15.00 dues on or before July 1, 2014

To: Richmond Senior Center  
C/O Richmond Town Hall  
5 Richmond Townhouse Road  
Wyoming, RI 02898

Your membership dues are a significant part of our total budget. We count on them to help keep things running. I'll thank you now for your prompt attention to this matter.

A wonderful time was had by all who attended the May Breakfast. Our volunteers did a great job on Traffic Control for the Rainbow Race. Thanks to all of you. If you are interested in working on the Newsletter please let me know. I can use all the help I can get. OK, here's the big question. Would you be interested in a Mystery Lunch in July??? We will have one in September, but a number of members want one sooner. Call me, send an e-mail send a letter or stop in ASAP to let me know. I have some great places picked out. Until next time.....

Richmond Senior Center  
Telephone Number:  
491-9404

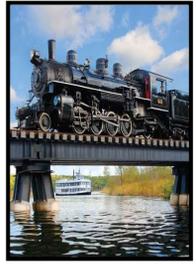
Next monthly members' meeting will be held at 11 AM on  
**June 12th, 2014**  
Come and get involved!

Please let the Senior Center office know of any changes to your address, phone number or email address—We want to keep all records up to date and to be able to keep you informed of the Center's events.

Town Hall Holiday :  
July 4th—Independence Day



**Richmond Ramblers - Bus Tours**  
**Richmond Ramblers Reporting....**



**Rail & Sail**

**Essex, Connecticut ~ Friday, July 11, 2014**

Departs 10:30AM Returns 6:30 PM Roundtrip Motorcoach  
 Transportation \$88 Adults \$85 Child

Enjoy a delicious lunch at Oliver's Taverne (Entrée choice of Grilled Flat Iron Steak, Stuffed Chicken, Salmon or Eggplant Parmesan) located in Essex, Connecticut. After lunch we will journey to Essex Station where we will board our own private car on the "Boat Train" for a lovely ride through the countryside to the dock at Deep River. Transferring to the *Becky Thatcher* riverboat, we will enjoy a narrated cruise on the Connecticut River. Our train will await us when we dock and will return us to Essex Station. Upon our return to the station, there will be time on your own to visit the museum and gift shop. **A few more seats left. Deadline for reservation and payment :June 24th.** For more information contact Pat Abby (401) 539-2458

Also looking into a 3 day trip in September to Pennsylvania Dutch area including Moses at Sight and Sound Theater, musical at Dutch Apple Theater, tour of the Amish countryside and time at the Peddlers village. Information will be out as soon as it's finalized.



**Summer Strawberry Cake**

- 1 Angel Food Cake
- 6 oz Strawberry Jello
- Large Vanilla Instant pudding
- 1 Cup cut up Strawberries
- 8 oz Cool Whip
- 2½ cups milk

Tear up Angel Food Cake into pieces and put in 9x13 baking dish. Scatter cut up strawberries over cake pieces.

Boil 2 cups water and add to strawberry Jello mix. When dissolved, add 1 cup cold water. Pour over cake and strawberries. Place in refrigerator for 2 hours to set. Make pudding with 2½ cups milk to make thicker. Pour evenly over cake. Set another 2 hours or overnight. Spread 8 oz Cool Whip over the top and chill until ready to serve. (Can use a yellow cake)



**Richmond Senior Center Annual Dues Renewal: \$15** Send to address on front of newsletter

Name.....Email Address.....

Address..... Phone.....



# Silver Salute

# Senior Appreciation Days

June 5th - June 11th

## 25% Off



Must be 62+. Proof of age required. Discount can not be combined with other offers including Job Lot Internet coupons and advertised sale items. Not applicable to prior purchases. Discount may be used in conjunction with manufacturer's coupons. All return restrictions apply. **The following items are excluded from the Senior discount:** OSJL Gift Cards, Crazy Deals Gift Cards, Pre--Paid Gift Cards, Clearance items, OSJL Internet Coupons, Advertised Sale items, Beer & Wine. **The following items are eligible for 15% Senior discount:** Pools, Air Conditioners, Dehumidifiers, Generators, Blue Rhino Propane Tank refills & exchanges, Miracle Gro Garden Feeder, Miracle Gro Garden Fertilizer, Blue Rhino & Char--Broil Gas Grills

AARP Driver Safety Promotion

Wednesday June 11th - 1:00 PM TO 5:30 PM

@ the Richmond Senior Center

Since 1979, AARP Driver Safety has offered the nation's first and largest course for drivers 50+ and has helped millions of drivers stay in command of the road. You'll learn proven safety strategies to help maintain your confidence behind the wheel, so you can make new memories on the road. Don't miss this special offer! Sign up for a course today. AARP Members \$15.00 - All others \$20.00 Call the Richmond Senior Center to sign up. Limited Seating. Drive safe! Drive smart! Take the NEW AARP Smart Driver Course and you could reduce your overall maintenance and car insurance!



## Social Committee

All who attended the May Breakfast had an enjoyable time. This was because of the delicious food, fun raffle and socializing with friends. This was possible because of the help of so many members. We would like to thank the following members who worked to make the breakfast a success. Maria & Bear Randall, Barbara & Tom Dufficy, Jean & Paul Schaarschmidt., Henry Graham, Dick Millar, Dennis McGinity, Helen Kenyon, Judy McElroy, Jackie Lombardo, Teresa Blais, Joan St. Clair and Pat Labrie We appreciate the donations from Wildwood Liquor, Subway, and Paul Schaarschmidt, who helped to make our raffle a success. A thank you to Joyce Egan, Clare Spencer, and Maureen Nolan for planning and implementing this event.

During a long day of looking around a car show, me, and a couple of my friends, stopped in at "Hooter's" for some Hot Wings and a few beers... After being there for a while, one of my friends asked me which waitress I would like to be stuck in an elevator with.

I told them "The one who knows how to fix elevators."

I'm old, tired, and pee a lot.



# June 2014



## Richmond Senior Center Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting 5:30 – 6:30 pm Cardio	<b>3</b> 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	<b>4</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>5</b> 8:30 – 11:00 am Coffee 9:00 am Knitting 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	<b>6</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>7</b> 9:30 am Zumba
<b>8</b>	<b>9</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting <b>Blood Drive 11AM—3 PM</b> 5:30 – 6:30 pm Cardio	<b>10</b> 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	<b>11</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage <b>1:00 – 5:30pm AARP Driving Class</b>	<b>12</b> 8:30 – 11:00 am Coffee <b>11 AM Members Meeting</b> 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	<b>13</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>14</b> 9:30 am Zumba
<b>15</b>	<b>16</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting 5:30 – 6:30 pm Cardio	<b>17</b> 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	<b>18</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>19</b> 8:30 – 11:00 am Coffee 9:00 am Knitting <b>9:30 Visiting Nurse</b> 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	<b>20</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>21</b> 9:30 am Zumba
<b>22</b>	<b>23</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting 5:30 – 6:30 pm Cardio	<b>24</b> 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	<b>25</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:00 – 2:30 pm Cribbage	<b>26</b> 8:30 – 11:00 am Coffee 9:00 am Knitting 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	<b>27</b> 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	<b>28</b> 9:30 am Zumba
<b>29</b>	<b>30</b> 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting 5:30 – 6:30 pm Cardio					