



Richmond Senior Center News

October 2014

1168 Main Street (Second Floor)
Richmond, RI 02898

Email: communitycenter@richmondri.com

Mailing address: Richmond Senior Center c/o Richmond Town Hall
5 Richmond Townhouse Road, Wyoming, RI 02898



Center Hours:

Staffed Daily

M-F 8:30AM - 12 Noon

> Note: The Center follows the Chariho School District for inclement weather closings.

Senior Activities Committee

Members:

Dennis McGinity - Chairman

Tom Dufficy - Vice Chairman

Mary Morgan - Secretary

Richard Millar - Financial Liaison

Jackie Lombardo - Bingo Chair

Maureen Nolan - Activities Chair

Pasquale DeBernardo

Newsletter Editor - Deb Williams

Send newsletter info to:

deborahbbwilliams@verizon.net



Fall Event

Come and join in the fun at the Fall Event being held at the Richmond Senior Center on October 9th at 9:30 prior to the monthly membership meeting. The fall goodies include mulled cider, coffee, and

- donuts including cider donuts. Along with these fall treats
- there will be a Trick of Treat Raffle (even the tricks aren't
- bad). So come and try you luck at the Trick or Treat Raffle
- while enjoying the Fall goodies. Door prizes will be
- awarded and the Basket Raffle drawing will take place.
- Hope to see you on October 9th for a fun Fall Event. Then
- plan on staying for the Membership Meeting. Save the
- date: The Annual Christmas Party is scheduled for Sunday
- December 7th. Watch for more details !

Richmond Senior Center

Telephone Number:

491-9404

Next monthly members' meeting

will be held at 11 AM on

October 9th, 2014

Come and get involved!

Please let the Senior Center office know of any changes to your address, phone number or email address—We want to keep all records up to date and to be able to keep you informed of the Center's events.

Town Hall Holidays:

- October 13 - Columbus Day
- November 11-Veteran's Day

From the Chairman - Dennis McGinity

Life is full of Mysteries. One of them is the Senior Center 'Mystery Lunch'. If you did not attend, you can read all about it in The Westerly Sun. Saturday 9/27 edition. Everyone had a spectacular time. The mystery restaurant is named Luigi's and it is in Old Saybrook, Ct. Lots of fun, laughter, jokes and singing to and from the restaurant. The food was excellent. More Mystery Lunches are being planned for 2015. Thanks to all who attended. You're a great group.

Many thanks and a tip of the hat to Representative Larry Valencia for his continued support of the Richmond Senior Center. Representative Valencia delivered another Legislative grant check for \$5,000.00 to the Richmond Senior Center. Larry's continued support helps keep the operation expenses down and enables us to continue offering our members many programs. Thanks again Larry.

We have a number of events coming up so please read the Newsletters. Flu shots, Medicare enrollment and more.

On a solemn note. A member, Linda Patton, passed away last week. She was a solid member who loved the Senior Center and was very active. She will be missed. I ask that you keep her in your prayers.

Until next time.....

Mark your calendar with these important dates!

Medicare Open Enrollment



Coverage and costs change yearly. In most cases, this may be the one chance you have each year to make a change to your health and prescription drug coverage.

October 1-October 15:

Compare your coverage with other available options to see if there's a better choice for you.

October 15-December 7:

Open Enrollment Period. You can change your Medicare health or prescription drug coverage for 2015.

January 1, 2015:

New coverage begins if you switched or joined a plan. New costs and benefit changes also begin if you kept your existing Medicare health or prescription drug coverage.

Medicare Open Enrollment Event at the Richmond Senior Center

Where: Richmond Senior Center 1168 Main St. Richmond, RI

When: Monday, November 17, 2014

Time: 9:00 AM to 2:30 PM - Appointments will be one hour long

Please contact the Center, 401-491-9404 to schedule an appointment.

For appointment please bring:

1. List of medications (Name of medication, dosage amount, and quantity)
2. Current Health Insurance Cards
3. Medicare Card

Sponsored by South County Community Action Agency the POINT Network Partner

Rhode Island Department of Human Services Division of Elderly Affairs



Please come join us to get your yearly flu shot - right here for your convenience!

Richmond Senior Center
Date: Oct 23, 2014

Time: 9:30am to 12:00pm

See the office for paperwork prior to the clinic. For questions, please call 401-788-1656.

SOUTH COUNTY HOSPITAL

H E A L T H C A R E S Y S T E M



Sir Charles

My name is Sir Charles Bentley St. Clair. I am seen here with my Dad Tom as my mom Joan takes this picture. I am a six month old terror! My favorite thing to do is terrorize my 13 year old sister Cat Destiny. I also like to chew anything I can get my teeth on!

NEW BUSINESSES IN TOWN

1167 MAIN ST.
WYOMING RI 02898

401-539-2399
PETCHUNKS1@GMAIL.COM

Attention:

Dogs and Cats
Looking for some-
thing NEW???
Check this out!!!!

Eco-Friendly, GREEN Dry Cleaning!

GREEN DRY CLEANING and SHIRT LAUNDERING!

Alterations and Tailoring too !

Monday 8:30-6 Wednesday 9-5:30

Friday 9-5 Saturday 11-2

93B Kingstown Road, Wyoming, RI

401-626-2995





October 2014

Richmond Senior Center Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30 – 11:00 am Coffee 8:30-12:30 Police Dept	2 8:30 – 11:00 am Coffee 9:00 am Knitting 12:30 pm Mah Jongg	3 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	4 9:30 am Zumba
5	6 8:30 – 11:00 am Coffee 9:00 am Tai Chi	7 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	8 8:30 – 11:00 am Coffee :00 am Sit & Get Fit 10:15 “In the Middle” 1:00 – 2:30 pm Cribbage	9 8:30 – 11:00 am Coffee 9:00 am Knitting 11 AM Members Mtg 12:30 pm Mah Jongg	10 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	11 9:30 am Zumba
12	13 CLOSED  Columbus Day	14 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	15 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:15 “In the Middle” 1:00 – 2:30 pm Cribbage	16 8:30 – 11:00 am Coffee 9:00 am Knitting 12:30 pm Mah Jongg 12:30 Nurse	17 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	18 9:30 am Zumba
19	20 8:30 – 11:00 am Coffee 9:00 am Tai Chi	21 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	22 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:15 “In the Middle” 1:00 – 2:30 pm Cribbage	23 8:30 – 11:00 am Coffee 9:00 am Knitting 9:30-Noon Flu Shot Clinic 12:30 pm Mah Jongg	24 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	25 9:30 am Zumba
26	27 8:30 – 11:00 am Coffee 9:00 am Tai Chi	28 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	29 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:15 “In the Middle” 1:00 – 2:30 pm Cribbage	30 8:30 – 11:00 am Coffee 9:00 am Knitting 12:30 pm Mah Jongg	31 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	