



Richmond Senior Center News

November 2014

1168 Main Street (Second Floor)
Richmond, RI 02898

Email: communitycenter@richmondri.com

Mailing address: Richmond Senior Center c/o Richmond Town Hall
5 Richmond Townhouse Road, Wyoming, RI 02898



Center Hours:

Staffed Daily

M-F 8:30AM - 12 Noon

> Note: The Center follows the Chariho School District for inclement weather closings.

Senior Activities Committee

Members:

Dennis McGinity - Chairman

Tom Dufficy - Vice Chairman

Mary Morgan - Secretary

Richard Millar - Financial Liaison

Jackie Lombardo - Bingo Chair

Maureen Nolan - Activities Chair

Pasquale DeBernardo

Newsletter Editor - Deb Williams

Send newsletter info to:

deborahbbwilliams@verizon.net

Richmond Senior Center

Telephone Number:

491-9404

Next monthly members' meeting will be held at 11 AM on **November 13th, 2014**
Come and get involved!

Please let the Senior Center office know of any changes to your address, phone number or email address—We want to keep all records up to date and to be able to keep you informed of the Center's events.

Town Hall Holidays:

- November 11-Veteran's Day

A Big Thank You to all of the members of the RSC who made donations of baked items for the Bake Sale, and also to the members who helped with the set up. There were so many delicious baked goods, people had a hard time making a choice. It was nice to see so many members who came and bought items and took chances on the Basket Raffle. Thank you to all for the support.

Fall Event

A good time was had by all who attended the Fall Event. Members enjoyed the mulled cider and donuts along with the fun Trick or Treat Raffle. The committee appreciates the following businesses who made donations to make it a successful event: Leyden Farm Winery, Higher Grounds Coffee House, Wildwood Liquors, Stop and Shop, and Baked Fresh (Mike Tourville).

Christmas Party

The Richmond Senior Center Christmas Party will be held on Sunday, December 7th at 11 :30 at the Center. The party will be a Pot Luck. It is important that you call the Center at 491-9404 to sign up. Please indicate the number of people attending, and the type of dish you are bringing to the party. There will be a Christmas Basket Raffle, door prizes and a stocking stuffer gift for all who attend. Make plans to come and join in the celebration of the holidays on December 7th.

From the Chairman - Dennis McGinity

We are having a beautiful Indian summer. I like it!!! Anyway, we have a number of things coming up and I think you will want to participate. Check this newsletter for Rural Emergency Preparedness Interactive training on Nov 12, 2014. Sign-up required. Also, SCCA will be here for 'Medicare Open Enrollment' on Monday Nov 17, 2014. Sign-up required. A fair number of members came to the Center for their Flu shots on Oct 23, 2014 by South County Hospital. Many thanks. I hope all registered voters take the time to vote. It looks like we'll be going on another Mystery Lunch in January. I'm planning it now. More info on this in December. Stop by and have a cup of java with me. I'd love to see you. Until next time.....



Richmond Ramblers - Bus Tours

Richmond Ramblers Reporting....

October 4-9 6 Days/ 4 Nights to ICELAND

Join us for an uncommon adventure to Iceland, filled with dramatic natural wonders. You'll discover thundering waterfalls, hot springs, steaming lava fields, massive glaciers, thermal springs, and volcanic landscapes. **TOUR INCLUDES:**

□ Round Trip Air via Icelandair *featuring direct nonstop flights* □ 4-Night Accommodations at the Center Hotel Plaza in downtown Reykjavik □ 4 Breakfasts □ Gullfoss Waterfall, Hot Springs of Geysir, Thingvellir National Park, Selheimajokull Glacier, & Icelandic Horse Farm □ Reykjavik City Tour □ Blue Lagoon □ Double Occupancy \$1749 □ Triple Occupancy \$1729 □ Single Occupancy \$1999

Rates include \$364 in air transportation taxes, fees & fuel surcharges - subject to change. All rates are based out of Boston. Call for rates out of New York.

\$250 PER PERSON DEPOSIT DUE 4/27/2015. BALANCE DUE 6/25/2015.

For more information on the above trip, please contact Pat @ (401) 539-2458

or patriciaabby@hotmail.com Or check out Richmond Ramblers on Facebook.

Join us for one or more of these fun trips.

Apple Cake

2 eggs	2 cups flour
2 cups sugar	4 cups diced apples
2 tsp baking soda	½ cup oil
¼ tsp salt	2 tsp cinnamon
1 tsp vanilla	1 cup chopped walnuts



Cream eggs and sugar using mixer. Add everything but the apples. Then stir in the apples. Batter will be thick. Grease and flour a 9 x 13 pan. Bake 35-45 minutes at 350°

Frost with: 1½ cups confectioner's sugar, 6 ounces cream cheese, 3 tbsp butter, dash of salt and ½ tsp vanilla.

Mah Jong Is Here!!



FREE!!

Welcome

Beginners & Seasoned

Players

Instructions by Sandi Marth

Come join us for an afternoon of
Fun...

Games start at 12:30

each Thursday at
the Richmond Senior Center. Private
lessons offered at no charge.

Know your risk. Take action. Be prepared!

Since 1958, New England has seen a 74% increase in extreme precipitation events (this is the most drastic change than anywhere else in the US). Preparing for an emergency is a pretty broad set of tasks and most people don't know where to begin. According to a recent FEMA survey, six out of ten American families don't have a plan and only 19% of American families feel they are very prepared for a disaster. Rural communities are often impacted by natural disasters, and may have the least access to close resources to help. The State Office of Rural Health has been working with the Center for Emergency Preparedness and Response to bring preparation workshops into the rural areas.

Richmond Senior Center was chosen for an interactive training on **November 12, 2014**. Incentives for your participation will be an emergency plan worksheet, as well as the beginning of an emergency preparedness kit valued at over **\$50 EACH!** Learn more on how to keep you and your family safe by attending this event at the **Richmond Senior Center.**



November 2014

Richmond Senior Center Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NEW – Mah Jongg every Thursday 12:30 pm with Instructor – Free Classes		NEW – Card Parties on Wednesday & Thursday – Hi/Lo/Jack & more			1 9:30 Zumba
2	3 8:30 – 11:00 am Coffee 9:00 am Tai Chi	4 8:30 – 11:00 am Coffee 10:00 am Art Class 6: 00 pm BINGO	5 8:30 – 11:00 am Coffee 9:00 am Sit & get Fit 10:15 – ‘In The Middle’ 1:00 – Card Party	6 8:30 – 11:00 am Coffee 9:00 am Knitting 11:00 am – Card Party 12:30 pm Mah Jongg	7 8:30 – 11:00 am Coffee 9:00 am Sit & get Fit 10:30 am Yoga	8 <u>NO ZUMBA</u>
9	10 8:30 – 11:00 am Coffee 9:00 am Tai Chi	11 CLOSED EXCEPT FOR BINGO @ 6PM	12 8:30 – 11:00 am Coffee 9:00 am Sit & get Fit 10:15 – ‘In The Middle’ 1:00 Emer Preparedness	13 8:30 – 11:00 am Coffee 9:00 am Knitting 11:00 Members Meeting 12:30 pm Mah Jongg	14 8:30 – 11:00 am Coffee 9:00 am Sit & get Fit 10:30 am Yoga	15. 9:30 - Zumba
16	17 8:30 – 11:00 am Coffee 9:00 am Tai Chi <u>10:00 am to 2:30 pm Medicare Enrollment</u>	18 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	19 8:30 – 11:00 am Coffee 9:00 am Sit & get Fit 10:15 – ‘In The Middle’ 1:00 – Card Party	20 8:30 – 11:00 am Coffee 9:00 am Knitting 9:30 – Visiting Nurse 11:00 am – Card Party 12:30 pm Mah Jongg	21 8:30 – 11:00 am Coffee 9:00 am Sit & get Fit 10:30 am Yoga	22 9:30 - Zumba
23/30	24 8:30 – 11:00 am Coffee 9:00 am Tai Chi	25 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	26 8:30 – 11:00 am Coffee 9:00 am Sit & get Fit 10:15 – ‘In The Middle’ 1:00 – Card Party	27 CLOSED HAPPY THANKSGIVING	28 CLOSED	29 9:30 – Zumba