



February 2016

Richmond Senior Center News

1168 Main Street (Second Floor)

Wyoming, RI 02898

E-mail: CommunityCenter@Richmondri.com

Mailing address: Richmond Senior Center c/o Richmond
Town Hall

5 Richmond Townhouse Road, Wyoming, RI 02898

Telephone—401-491-9404



Center Hours—Staffed Daily

M-F 8:30 am to Noon

Note: The Center follows the Chariho School District for inclement Weather closings.

Senior Center Committee Members

Dennis McGinity—Chairman

Tom Dufficy—Vice Chairman & Secretary

Richard Millar—Financial Liaison

Jackie Lombardo—Bingo Chair

Dottie Barber—Activities Chair

Pasquale DeBernardo

Newsletter Editor—Dennis McGinity

Next monthly members meeting

Will be held at 11 AM on

February 11, 2016

Come and get involved

The visiting nurse is here on the Third Thursday of each month at **9:30 AM**

Please let the Senior Center office know of any changes to your address, phone number or email address. We want to keep all records up to date. Keeping you informed is important to us.

New Members—Welcome

Michelle Hicks—Joan Timmons

George & Linda Reynolds

Leola & Peter Zegarzewski

If you are in need of a mail-in ballot for the upcoming Presidential Preference Primary, go to <http://sos.ri.gov/elections/ppp/> or contact the Town Clerks office at 401-539-9000 x9 for assistance. Deadline to apply for an application is April 6, 2016.

From the Chairman—Dennis McGinity

Well it finally arrived. I wasn't sure if it would ever come. Now my back is aching and my legs are sore. Why was I looking forward to it? Winter 2016 has arrived. Some of the ladies got together and are having a Crafts program on Fridays. If your into Crafts, this is the program for you. Besides the great items they make, it's a lot of fun. The Mystery lunch was a big success and we are planning another one for April. I welcome your ideas and suggestions. Please call the Center 401-491-9404 with any thoughts or suggestions. The office door is always open for you. After all this is your Senior Center and we look forward to seeing and hearing from you. Until next time...

CHARIHO FINANCE COMMITTEE VACANCY

The Richmond Town Council is seeking a financially knowledgeable qualified voter of the Town of Richmond to fill a vacancy on the Chariho Finance Committee. The Chariho Finance Committee is responsible for advising and making recommendations to the Chariho Regional District School Committee on all fiscal considerations.

Applications are available on the town website www.richmondri.com, or may be obtained at the Town Clerk's Office during regular business hours.

Please submit application and authorization to conduct a background investigation (BCI) to the Richmond Town Clerk, 5 Richmond Townhouse Road, Wyoming, R.I. 02898 no later than Wednesday, February 10, 2016 at 4:00 P.M. Applicants will be expected to attend the Tuesday, February 16, 2016 Town Council meeting to be considered for appointment.

PER ORDER OF THE RICHMOND TOWN COUNCIL

Tracy A. Nelson, CMC

Mystery Lunch – Wednesday January 13, 2016

52 Seniors attended

What a great Mystery Lunch we had at The Cozy Grill, 473 Tiogue Ave, Rte. 3, in Coventry. We had a fine selection of food, a drink, desert and a great price of \$13.00 including tax and tip. Everyone enjoyed the ride on the bus. Songs to sing and lots of jokes. At the bottom is a picture of the four girls who took very good care of us with outstanding service. All with a big smile. If you have not been to The Cozy Grill, I recommend you try it. Breakfasts are also something to talk about.



message from Patricia Labrie on the Passing of her husband Alvin.



Tax Reminder from the Richmond Tax Collector

'Please remember that 3rd quarter taxes are due on Monday, March 7th.'



All men make mistakes but married men find out about them sooner

A message from Patricia Labrie on the Passing of her husband Alvin.

I want to thank all of you for your kind words, sympathy cards and flowers and for attending the funeral service at the Veterans Cemetery. Your help and support during his long illness is so greatly appreciated. Words cannot say how much you all mean to me. Thanks again and God bless you.



Chili Cheese Dog Bubble-Up Bake

Directions

Heat oven to 375°F. Lightly spray 13x9-inch (3-quart) baking dish with cooking spray; set aside.

Mix 1 can (28 oz) chili with beans and 8 all-beef hot dogs, cut into bite-size pieces, in baking dish. Top with 2 cups shredded Cheddar cheese (8 oz).

Open 2 cans (12 oz each) Pillsbury™ Grands!™ Jr. Golden Layers™ refrigerated biscuits; separate into biscuits, and cut each into 4 pieces. Place in large bowl; toss with 2 tablespoons melted butter, 1 teaspoon garlic powder and 1 teaspoon parsley flakes. Scatter biscuits on top of casserole.

Bake 20 to 22 minutes or until biscuits are light golden brown and cooked through. Let stand 5 minutes before serving.

Ingredients

- 1 can (28 oz) chili with beans
- 8 all-beef hot dogs, cut into bite-size pieces
- 2 cups shredded Cheddar cheese (8 oz)
- 2 cans (12 oz each) Pillsbury™ Grands!™ Jr. Golden Layers™ refrigerated biscuits
- 2 tablespoons butter, melted 1 teaspoon garlic powder
- 1 teaspoon parsley flakes

Greetings Seniors,

It looks like winter is finally here. If you are like me, you are counting down the weeks until Spring – 7 ½ by my calculation! It can't come fast enough. I'm sure that our DPW Director, Scott Barber would say the same. Scott and his crew did a fantastic job with the most recent snowfall and hopefully some warm temperatures expected over the next week will help melt the remainder of the snow. If any of you are reading this from Florida, suffice it to say that I am REALLY jealous!

It is hard to believe I am now 9+ months into my tenure here because it feels like just yesterday I started. I am beginning my first full budget season with the Town, so I look forward to that. Our Finance Committee is looking for one more member, as is the Chariho Finance Board, so if you are well-versed in finance, we could use your help. If you are interested, please contact the Town Clerk's Office for an application.

I saw that you recently had a trip to Wright's Farm for a dinner, and that brought back great memories from when I was on the State Police. When I was stationed at the Lincoln and Chepachet Barracks, we'd get dinner from there every weekend. Living in Southern RI, I'd never been to Wrights before that. So now that my mouth is watering...

If I can be of any assistance to you, please don't hesitate to call my office. Best wishes for a safe and healthy winter!

Karen Pinch

Town Administrator

401-491-9624 (office)

townadministrator@richmondri.com

FREE Tax Preparation

RICHMOND SENIOR/COMMUNITY CENTER

1168 Main St. 2nd Floor

Over the Richmond Police Dept.

Elevator in Rear of Building

February 29, 2016 and March 28, 2016

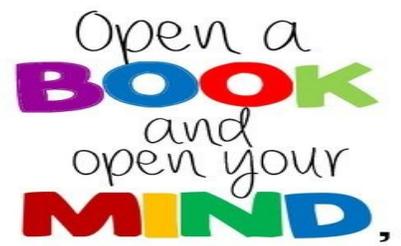
9:00am – 1:00pm

ALL citizens are welcome

Appointments only – Call the Center to register

401-491-9404

Sponsored by AARP



Rubbernecker by Belinda Bauer (2013) Atlantic Monthly Press

Bauer is a Welsh author of six psychological crime thrillers, only three of which have been published in the US. That's unfortunate, because her work is an exciting and unusual contribution to a genre that can sometimes rely too heavily on formula and too little on originality and character development.

In America, when we call someone a "rubbernecker", we usually are referring to some jerk that slows down his car to gawk at an accident or some other mishap only to cause traffic tie-ups and create further confusion. Merriam Webster offers a broader definition:

"Rubbernecker (n): One who looks about or surveys with unsophisticated wonderment or curiosity."

Patrick Fort is the embodiment of this definition. He is young, intelligent and has been accepted into medical school in Cardiff, Wales. However, his acceptance was based on a "disability quota" because he has Asperger's Syndrome and limited family resources. His widowed mother finds coping with Patrick's condition increasingly difficult and she is slowly descending into alcoholism. These may sound like glum circumstances, but the autism that has limited Patrick's life has also, ironically, made it possible for him to ignore many of the stresses that regular folks may find overwhelming. He is obsessively curious and his devotion to learning is relentless, which leads him to a startling conclusion about one of the cadavers ("Patient No. 19") they are about to study in anatomy class. No. 19 was not the victim of heart failure; he was murdered. The steps Patrick takes to prove his conclusion not only place him in harm's way, but leads to a startling subplot about his own father's accidental death many years earlier.

It is Bauer's ability to develop believable subplots that place her work on a par with some better known and accomplished British crime fiction writers. Patrick's quest for justice leads him to the clinic where No. 19 died, which then leads him to find No. 19's haplessly disturbed daughter, Lexi. In yet another subplot, Patrick's med school classmate, Meg, altruistically decides to volunteer her time reading novels to a coma patient at the same clinic and when she tires of the task, talks Patrick into taking her place for a few days. Once again, Patrick's literal curiosity reveals the commission of yet another crime. Tracy Evans is a nursing assistant at the clinic where No. 19 was treated and then died. She is a dishonest, inattentive slacker who dreams up a manipulative scheme to seduce Mr. Deal, the husband of one of her comatose patients. Unfortunately for her, she succeeds, and in the process learns about the really dark consequences of "rubbernecking".

In the hands of a less talented author these circumstances might appear as truly improbable co-incidences. In this novel, the plots blend seamlessly.

Psychological crime fiction is not for everyone. It usually deals with the dark and seamy side of life and endings are seldom happy; however, in subtle ways, justice is usually served and the true miscreants get what they deserve. There are rarely any "shoot 'em ups" or physically dramatic action-packed denouements. But, when well written, this genre of fiction offers surprises, plot twists and a dark humor that is strangely and deeply satisfying.

THE VERDICT: This novel is well worth your time. If you find yourself a fan of the psychological crime drama genre, try these other works from two prolific and well established British authors:

Dame Ruth Rendell (also writing as Barbara Vine). I especially love Rendell's series featuring Inspector Reginald Wexford. I found Vine's best offerings to be [The Minotaur](#) and [The Blood Doctor](#).

By: [Carolyn Richard](#)

Two guys were discussing popular family trends on sex, marriage, and Family values. Bill said, 'I didn't sleep with my wife before we got married, did you?' Larry replied, 'I'm not sure, what was her maiden name?'

—Two Reasons Why It's So Hard To Solve A Redneck Murder:

1. The DNA all match.
 2. There are no dental records.
-

A doctor examining a woman who had been rushed to the Emergency Room, Took the husband aside, and said, 'I don't like the looks of your wife at all.'

'Me neither doc,' said the husband. 'But she's a great cook and really good with the kids.'

'Mr. Clark, I have reviewed this case very carefully,' the divorce Court Judge said, 'And I've decided to give your wife \$775 a week,'

'That's very fair, your Honour,' the husband said. 'And every now and then I'll try to send her a few bucks myself.'

Relatable Post #1931

I have come to the conclusion that dryer lint is the cremated remains of all of my missing socks.

THE LOLBRARY.com/post/32416/

www.jewelsartcreation.com

Relationship Tip For Men: When a woman says, "Correct me if I'm wrong but..." DON'T DO IT!! IT'S A TRAP!! Do NOT, I repeat, do NOT correct that woman!!!



Did you know?



Line dancing was started by women waiting to use the bathroom.

www.facebook.com/ShutUpImStillTalking

**FOR THE RICH THERE'S
THERAPY
FOR THE REST OF US THERE'S
CHOCOLATE**



Because you need to be sure.
Get the facts about well water safety.

Free workshop for private well owners

Protect yourself, your family, your property and your investment.

Learn:

- The importance of regular testing
- How to protect your well water from pollution
- Proper well maintenance

Monday, March 14, 2016 6-7 PM

Richmond-Carolina Fire Station 1, 208 Richmond Townhouse Rd (Rte. 112), Richmond, RI

Co-sponsored by the Richmond Conservation Commission

To register, call URI at 401-874-4918

* Space is limited; pre-registration is required.

See www.riweltesting.org for more information on private well protection

These workshops are conducted by the University of Rhode Island Cooperative Extension Water Quality Program and the RI Department of Health. Funding provided by the RI Department of Health Capacity Development Program.

THE
UNIVERSITY
OF RHODE ISLAND



◀ January	~ February 2016 ~					March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 8:30 – 11:00 Coffee 9:00 am Tai Chi	2 8:30 – 11:00 Coffee 10:00 am Art Class 6:00 pm Bingo	3 8:30 – 11:00 Coffee 9 am Sit & Get Fit 1 pm Card Party	4 8:30 – 11:00 Coffee 9:00 am Knitting 12:30 pm Mah Jong	5 8:30 – 11:00 Coffee 9 am Sit & Get Fit 10:30 am Yoga 10:00—12:00pm Crafts	6 9:30 - Zumba
7	8 8:30 – 11:00 Coffee 9:00 am Tai Chi	9 8:30 – 11:00 Coffee 10:00 am Art Class 6:00 pm Bingo	10 8:30 – 11:00 Coffee 9 am Sit & Get Fit 1 pm Card Party	11 8:30 – 11:00 Coffee 11:00 Members Meeting 9:00 am Knitting 12:30 pm Mah Jong	12 8:30 – 11:00 Coffee 9 am Sit & Get Fit 10:30 am Yoga 10:00—12:00pm Crafts	13 9:30 - Zumba
14	15 CLOSED PRESIDENTS DAY	16 8:30 – 11:00 Coffee 10:00 am Art Class 6:00 pm Bingo	17 8:30 – 11:00 Coffee 9 am Sit & Get Fit 1 pm Card Party	18 8:30 – 11:00 Coffee 9:00 am Knitting 9:30 Visiting Nurse 12:30 pm Mah Jong	19 8:30 – 11:00 Coffee 9 am Sit & Get Fit 10:30 am Yoga 10:00—12:00pm Crafts	20 9:30 - Zumba
21	22 8:30 – 11:00 Coffee 9:00 am Tai Chi	23 8:30 – 11:00 Coffee 10:00 am Art Class 6:00 pm Bingo	24 8:30 – 11:00 Coffee 9 am Sit & Get Fit 1 pm Card Party	25 8:30 – 11:00 Coffee 9:00 am Knitting 12:30 pm Mah Jong	26 8:30 – 11:00 Coffee 9 am Sit & Get Fit 10:30 am Yoga 10:00—12:00pm Crafts	27 <u>NO ZUMBA</u>
28	29 8:30 – 11:00 Coffee 9AM TO 1PM AARP FREE TAX PREPARATION	Notes: Free Tax preparation requires sign-up Two days Feb 29 and Mar 28 Senior Center Closed on the 15th. Presidents day No Zumba on the 27th Crafts program Fridays 10am to 12noon				



Hi, my name is Rebel. I was born in NC and came up north on a big plane when I was only 8 weeks old to live with Marilyn Main who is my best friend. I'm now 11 yrs. old and we are still the best of friends. Ask your owners to send your picture and some info so you can get into the future Newsletters.