



Richmond Senior Center News

August 2013

1168 Main Street (Second Floor)
Richmond, RI 02898

Email: communitycenter@richmondri.com

Mailing address: Richmond Senior Center c/o Richmond Town Hall
5 Richmond Townhouse Road, Wyoming, RI 02898



Center Hours:

Staffed Daily

M-F 8:30AM - 12 Noon

> Note: The Center follows the Chariho School District for inclement weather closings.

Senior Activities Committee Members:

Dennis McGinity - Chairman

Tom Dufficy - Vice Chairman

Mary Morgan - Secretary

Richard Millar - Financial Liaison

Jackie Lombardo - Bingo Chair

Maureen Nolan - Activities Chair

Pasquale DeBernardo

Newsletter Editor - Deb Williams

Send newsletter info to:

deborahbbwilliams@verizon.net

Richmond Senior Center

Telephone Number:

491-9404

Next monthly members' meeting will be held at 11 AM on

September 12th, 2013

NO August Meeting!!!

Please let the **Senior Center office** know of any changes to your address, phone number or email address—We want to keep all records up to date and to be able to keep you informed of the Center's events.

Just a reminder—Annual membership dues are NOW due. Please submit if you have not.



Dear Senior Center Members,

Please be advised that you can now surrender your unused or expired prescription medications by depositing them in our newly installed Med(Rx) Return (green collection box) in our lobby in front of the Dispatch window.

The Chariho Tri-Town Task Force purchased a Drug Collection Box for each of the three area police departments (Charlestown, Richmond and Hopkinton).

We hope that this equipment makes appropriate disposal of unused/expired meds more convenient for you.

Thank you,

Elwood Johnson

Chief of the Richmond Police Department

★  Computer Classes for Seniors ★
★ Interested in taking some COMPUTER Classes? ★
★ Call now to register for this 6 class course. NO Cost! ★
★ First come, first served. Computers provided. Free Classes will be ★
★ taught at the **YMCA**. Classes will be held on Wed & Thurs from ★
★ 11AM—Noon August 7-8, 14-15, 21-22 . Session has 7 openings. ★
★ Call the Center early to register. No additional classes this summer. ★
★ mer. ★

From the Chairman - Dennis McGinity

I don't know about you, but the heat really got to me this month. Glad things have cooled off. Hope you all made it through July OK. I still need some volunteers for the Washington County Fair on Friday Aug 16, 2013 - 2:00 pm to 6:00 pm. and Saturday Aug 17, 2013 - 6:00 pm to 10:00 pm. Volunteers receive up front parking and Free admission. The Senior Center receives a grant for helping at the Fair. A volunteer can bring a friend or spouse. Let me know if you are interested in helping out.

As promised, we will have a Mystery Lunch in Sept. The date has not been finalized. You will be notified as soon as possible. It will be a good one and Special. That's all I can say for now. Have a safe and comfortable August. Until next time....

From: John Hagen: RI AARP Driver Safety Program Instructor

AARP Driver Safety Promotion

Monday September 16 - 1:00 PM TO 5:30 PM**@ the Richmond Senior Center**

Since 1979, AARP Driver Safety has offered the nation's first and largest course for drivers 50+ and has helped millions of drivers stay in command of the road. You'll learn proven safety strategies to help maintain your confidence behind the wheel, so you can make new memories on the road. Plus, you could get a great discount on your car insurance!*

Don't miss this special offer! Sign up for a course today.

AARP Members \$12.00 - All others \$14.00 Call the Richmond Senior Center to sign up for the September Class. Limited Seating.

***Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details. Last year one of our members got a \$70.00 Discount off of her insurance.**

**Town Administrator says farewell to people of Richmond**

Recently I ended my tenure as the first town administrator for the town of Richmond. I could not fully leave the position without sending a note of thanks to all residents of the town of Richmond, the fine staff of people that the town employs and the members of the Richmond Town Council for the confidence that you had shown in me throughout the three years that I have been in the position and for accepting me as one of your own.

In the three years I was proud to serve the community we were faced with a number of challenges and in each case I believe we served our residents well and with distinction; I know that this has become the expected "Richmond Way" by our residents and I'm sure it will be carried forward.

I was presented with a number of very nice reminders of my time in service to the town as I left, and one that reminds me of the great experience I had is a painting by a town resident, Iva Lipton, of the Richmond Town Hall. The painting, which now hangs in my new office, serves as a reminder each time I look at it of the teamwork and camaraderie that was exhibited by all employees (Police, DPW, EMA and those in the town Hall), as well as the fine efforts of those serving on our various boards and commissions (Finance, Planning, Zoning, Con Com, and the Senior Activities Committee) that helped make my job easy and contributed to the town of Richmond being among the best places to live in Rhode Island.

I can only hope that the impression that I left on the residents and the staff of the town as your first administrator can be anywhere close to the impact that you have all left on me. Richmond, as Council President Joe Reddish often says, is one of the true gems in the state of Rhode Island and its people are what make it so.

Steven A. Sette Gloucester



Darwin & Wallace

Lois Cuddy and Gregory McNab's
Maine Coon Cats

My name is Darwin (left) and my twin brother's name is Wallace. We are Maine Coon Cats and will be 4 years old in August. I am pretty big at 14 lbs and can leap up on practically anything in the house, even tables that are off limits to us. My brother is 19 lbs of muscle and thick fur. I would never admit it to him, but he could beat me at anything, except being fast. We enjoy eating, grooming, drinking from the bathroom faucet and from a cup that Lois holds, and being loved by our parents, Lois Cuddy and Gregory McNab. They serve us grandly, so we are happy and allow them to kiss and scratch us to share the sofa while watching TV, and to sleep in bed with us. It is pretty crowded, but we let them sleep with us anyway.



Richmond Ramblers - Bus Tours

Richmond Ramblers Reporting....

October 5th Kittery Outlets Departs 8:00 am from Exit 3 park and ride. Tour includes bus transportation provided by Conway Tours and shopping browsing in Kittery Maine at your leisure, plus a visit to When the Pigs Fly Bakery. Adults- \$38 per person, Child \$34 per person. 14 more people are needed for this trip to make it possible. Payment due 9/20/13.



December 7th Newport Mansions Holiday Tour departs at 8:30 from Exit 3 Park and Ride. Returns approx 5 PM *Take pleasure in a journey down Bellevue Avenue to the Breakers Mansion. The Breakers is the grandest of Newport's mansions and a symbol of the Vanderbilt family's social and financial preeminence at the turn of the century. Tour this beautiful 70-room villa which includes a 50-foot high Great Hall,*

mosaic tile floors and ceiling, rich marbles and gilded rooms with magnificent ocean views. Afterwards, enjoy time on own for lunch and shopping at the Brick Market. Then you'll continue for day with a guided tour of Rosecliff, both beautifully decorated for the Holiday Season. Enjoy a drive past the Mansions on Ocean Drive en route home! \$52 per person (payment due in full 11/14/13)

For more information on the above trips, please contact Pat @ 539-2458 or patriciaabby@hotmail.com Or check out Richmond Ramblers on Facebook. Join us for one or more of these fun trips.

Social Activities Committee

The Social Activities Committee will be holding a basket raffle. The baskets will be on display and tickets will be for sale at the September Membership Meeting on September 12th. Tickets will be available for a month following the meeting and the drawing will be held at the October Membership Meeting along with a Fall Event. Details will be presented in future newsletters.

Here is a quick, easy, economical and delicious recipe:

Lois Cuddy's Mother's Piccalilli

- 1 large can of tomatoes
- 1/2 cup of white vinegar
- 1 tsp salt (or less, to taste)
- 1 tsp cinnamon
- 1 tsp ground cloves
- 1/2 tsp ground pepper
- 3 big onions, sliced about 1/4" thick (I also cut in halves or thirds)
- 1/3-3/4 cup sugar (to taste)

Mash tomatoes and cook all ingredients except sugar for 1 hour. Add sugar and taste. Cook slowly for about 15 minutes more.

This is a great substitute for ketchup on anything: beans, hotdogs, hamburgers, chicken, eggs, etc.



Welcome to New Members:

- ⇒ Mary Lou Richmond
- ⇒ Bonnie Wright
- ⇒ Bill Foley

Upcoming TOWN HALL HOLIDAYS:

- Victory Day (2nd Monday in Aug)
- Labor Day (1st Monday in Sept)
- Columbus Day (2nd Monday in Oct)
- Veterans' Day (November 11 of each year)

Richmond Farmers Market

Local Produce and Food Artisans
Saturdays 9 AM-12:30 PM NOW - October 26
Corner of Rte 138 and Rte 112 on the Town Hall Green
RI Food Vouchers for Farmers Market are available at the Center



August 2013

Richmond Senior Center Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:30 – 11:00 am Coffee 9:00 am Knit- ting 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	2 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	3
4	5 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting 5:30 – 6:30 pm Cardio	6 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	7 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:30 – 3:30 pm Cribbage	8 8:30 – 11:00 am Coffee 9:00 am Knit- ting NO Members Meeting 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	9 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	10
11	12 CLOSED Victory Day	13 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	14 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:30 – 3:30 pm Cribbage	15 8:30 – 11:00 am Coffee 9:00 am Knit- ting 9:30 <u>Visiting Nurse</u> 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	16 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	17
18	19 8:30 – 11:00 am Coffee 9:00 am Tai Chi 9:00 am Quilting 5:30 – 6:30 pm Cardio	20 8:30 – 11:00 am Coffee 10:00 am Art Class 6:00 pm BINGO	21 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 1:30 – 3:30 pm Cribbage	22 8:30 – 11:00 am Coffee 9:00 am Knit- ting 12:30 pm Mah Jongg 5:30 – 6:30 pm Cardio	23 8:30 – 11:00 am Coffee 9:00 am Sit & Get Fit 10:30 am Yoga	24
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